Calendar Activities

Black History Month



October marks Black History Month in the UK, the annual commemoration of the history, achievements and contributions of black people in the UK. Use these resources around black history, heritage and achievements to stimulate discussion and activity with your residents.

We are not makers of history.
We are made by history. Martin Luther King, Jr

Activity Ideas

I Have a Dream

In Martin Luther Kings 'I Have a Dream' speech in 1963 he called for civil and economic rights and an end to racism. Using the speech bubble resource provided, write down what your dream for the world would be.

Blue Skies to Grey

Using the information on the Windrush Generation and the picture resource provided discuss with your residents how the experience of immigrating to a new country would of felt for the Windrush Generation.

Discuss with your residents how your care home can commemorate Black History Month.

Useful Links

https://www.theguardian.com/world/ng-interactive/2020/jul/11/black-history-timeline

"A timeline of two millennia of world-shaping individuals and momentous events that define Black history, which shows the contributions of Africans and their descendants to Britain's story".

https://www.nationalarchives.gov.uk/black-history/

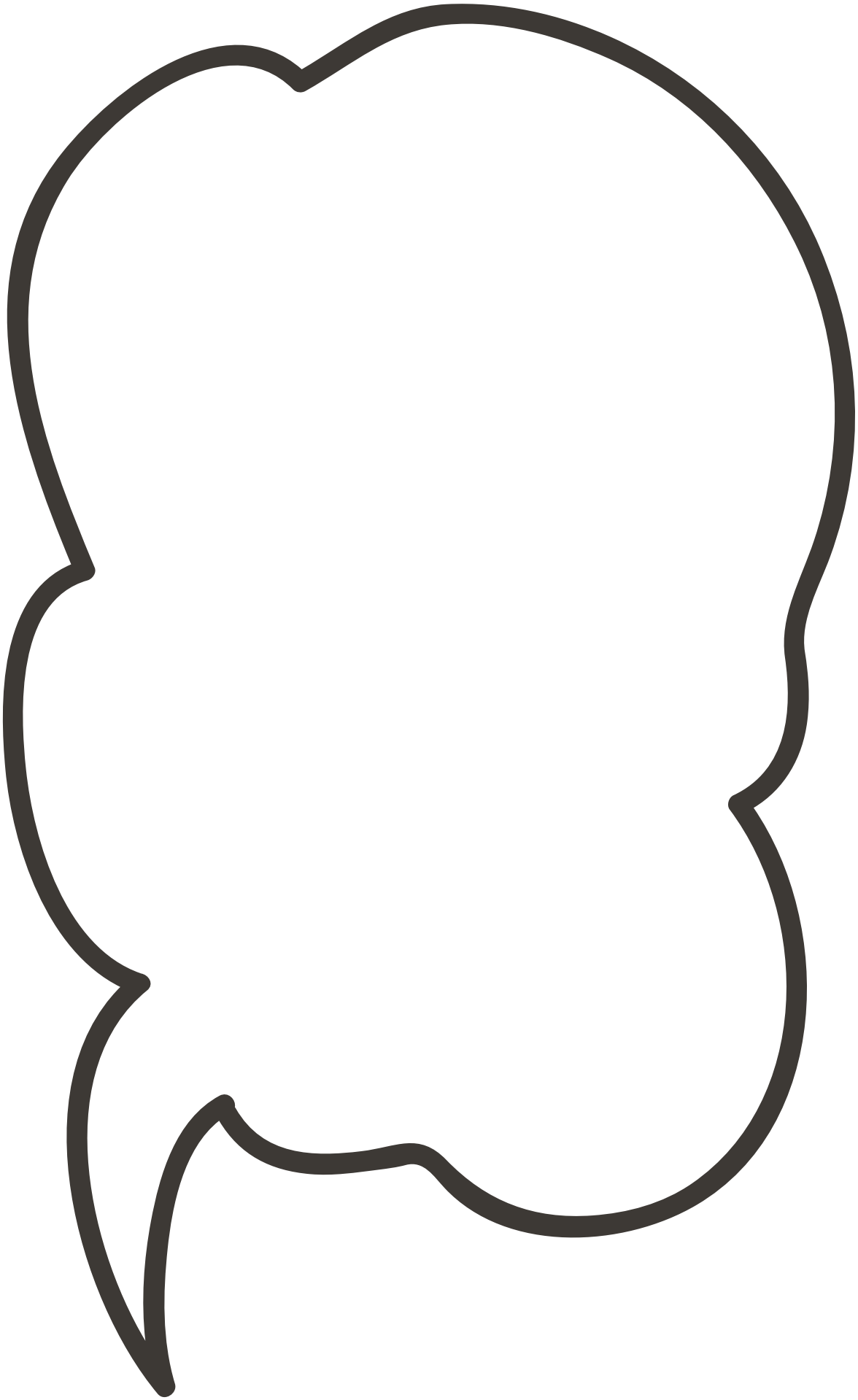
"This resource is designed to support the discovery of documents relating to black British history within The National Archives' collections."

https://www.blackhistorymonth.org.uk

Celebrating great Black British achievers, articles and information on Black History pre and post colonial, sporting legends, music, poetry, and politics.

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'I Have a Dream'



The Windrush Generation

After the Second World War there was a shortage of essential workers in the UK, particularly in the manufacturing and construction industries; and in the newly formed NHS.

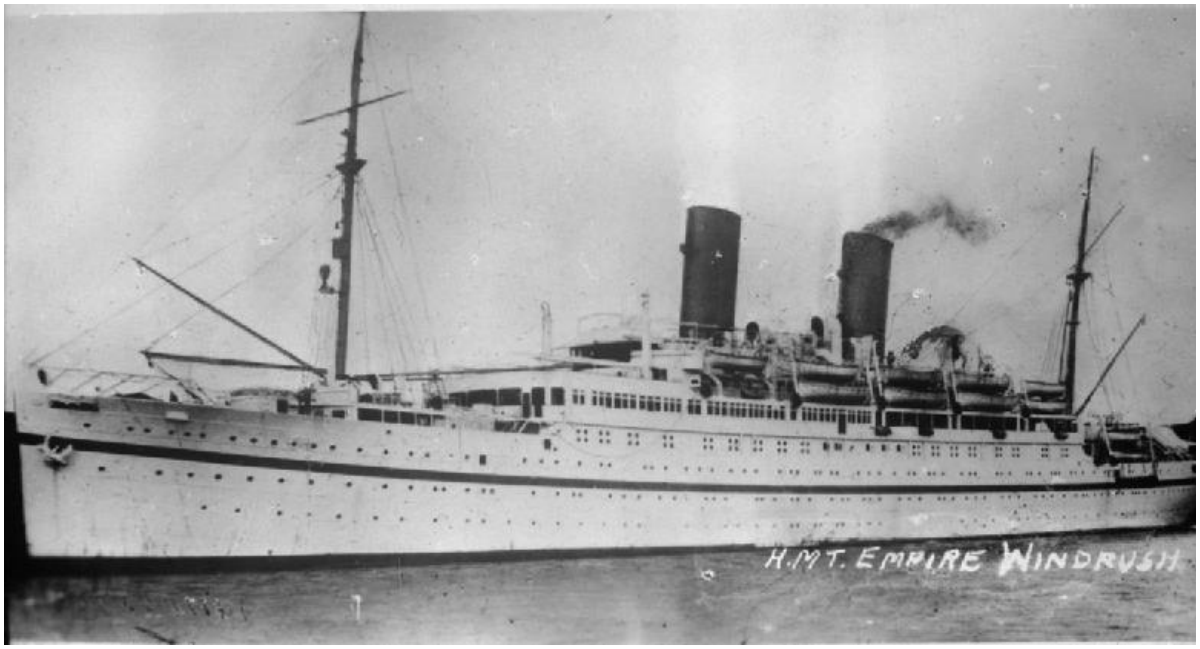
To provide a solution to the shortage of skilled workers, the British Government made a request to the Commonwealth. In particular to the people living on the group of islands in the Caribbean known as the West Indies. Their citizens were invited to move to the UK to live and work and fill those essential roles needed to rebuild Britain after the war.

In 1948 on June 22nd the HMT Empire Windrush landed at Tilbury docks with 1000 people from the Caribbean. Between 1948 and 1970 in total nearly half a million people immigrated from the Caribbean they became to be known as the Windrush Generation.

- What kind of things would you find enjoyable if you were on long sea journey?
- What kind of things do you think you would you find unpleasant?
- Have you ever felt homesick when you have been abroad or a long way from home, if so what did you miss?
- What kind of things do you think a newly arrived person to the UK would find different and miss about their homeland?
- Have you or any one you know emigrated to another country either as an emigrant from the UK or an immigrant to the UK.

Using the picture resource 'Blue skies to Grey' discuss the changes in tastes, sensations, sights, sounds and smells that people from the Windrush generation would have experienced when moving from the Caribbean to the UK.

The Windrush Generation explained in 90 seconds https://youtu.be/6LBuMKx5s0o



Blue Skies to Grey

Blue Skies to Grey







